

# Healthy Chocolate Weetbix Slice

**Course** Snacks  
**Cuisine** Chocolate

## Servings

12 SLICES

## Ingredients

- 1 cup sultanas
- 2 large tbsp natural crunchy peanut butter
- 6 tbsp desiccated coconut
- 1 tbsp coconut oil
- 4 weetbix
- 4 tbsp cocoa or cacao
- 4 tbsp honey or rice malt syrup
- Little water if needed to make it more wet
- 4 tbsp dark chocolate chips optional, for icing
- 1 tbsp coconut oil extra, optional, for icing

## Instructions

1. Put the first 8 ingredients in blender and blend until smooth like fudge.  
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2. Line a loaf tin with baking paper.  
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3. Press the mix into a pan and top with some dark choc melted with coconut oil (optional)  
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4. Leave to set in the fridge  
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5. Once set, slice into 12 pieces

## Recipe Notes

Makes approx. 12 slices, at 170 calories each slice



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